## Bemidji Food Service

Mar 15, 2018

## **GRAB & GO BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1	May - 2	May - 3	May - 4
	WG CEREAL BAR CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	BANANA BREAD SLICE FRUIT CHOICES MILK,1% Lowfat MILK,Skim
May - 7	May - 8	May - 9	May - 10	May - 11
FRENCH TOAST SNACK LOAF CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG CEREAL BAR CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	BANANA BREAD SLICE FRUIT CHOICES MILK,1% Lowfat MILK,Skim
May - 14	May - 15	May - 16	May - 17	May - 18
BLUEBERRY BREAD LOAF CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG CEREAL BAR CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	ANNIES GRAHAM YOPLAIT GO BIG FRUIT CHOICES MILK,Skim MILK,1% Lowfat	BANANA BREAD SLICE FRUIT CHOICES MILK,1% Lowfat MILK,Skim
May - 21	May - 22	May - 23	May - 24	May - 25
FRENCH TOAST SNACK LOAF CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG CEREAL BAR CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	BANANA BREAD SLICE FRUIT CHOICES MILK,1% Lowfat MILK,Skim
May - 28	May - 29	May - 30	May - 31	
NO SCHOOL TODAY	WG CEREAL BAR CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT CHOICES MILK,1% Lowfat MILK,Skim	COOK'S CHOICE MENU	

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.